



LITTLE BRIDGES NEWS

925.498.9808



LITTLEBRIDGES.ORG



@LITTLEBRIDGESCHILDCARE



BACK TO SCHOOL NIGHT

Thursday, Sept. 3rd 6:30 – 7:30pm

Please join us for Back To School Night to hear about a day in the life of your child at Little Bridges.

We will discuss the curriculum, daily schedule, learning objectives and events planned for this year.

This night is for parents only please.

We will begin the night in the Worship Center before transitioning to the classrooms.

MORE UPCOMING EVENTS

- * **Back To School Night**
(LB Preschool – TK classes)
Thursday, 9/3; 6:30–7:30pm
- * **Labor Day – LB CLOSED**
Monday, 9/7
- * **Fall Picture Days**
Monday, 9/14 –
Frogs, Ducks, Koalas, Tigers
Tuesday, 9/15 –
Lambs, Giraffes, Jaguars, Pandas
- * **Book Fair**
Monday–Friday, 9/21–9/25
Worship Center Lobby
- * **NEGU Bake Sale**
Friday, 9/25; 3:30–5:30pm
Courtyard, While Supplies Last
- * **Pumpkin Patch Field Trip**
Friday, 10/16; 8:45am
Parent Attendance Required
- * **Halloween Parade**
Friday, 10/30; 9:30am
More Details to Come!



Monthly Preview

September Is Here

This month we are back in full swing as the school year officially starts, and we hope your family has transitioned smoothly into the school-year routine.

We are kicking off the year with themes of friendship, “All About Me” and learning that God made each of us different, unique, and special!

Stay informed this year! Our monthly newsletter and weekly Friday emails are packed with upcoming school events and opportunities for you to get involved. Our hope is to partner with you as you raise your children this next year, and we welcome you to jump in and join our LB community.

Coming Up:

Picture Day



School pictures will be taken on Monday, September 14th and Tuesday, September 15th. **All orders must be placed on-line BEFORE your picture day.** Children who do not have an order placed will not sit for an individual photo session. All students are in the class photo regardless of order status. Links for picture orders will be sent out in your Class Friday Email. For a SIBLING PHOTO to be captured a separate order must be placed for the package you want.



Ms. Jacque's Journal

Raising Patient Kids

“Most children “want it now”– but the fact that children often “get it now” makes teaching patience difficult, especially in this instant world we live in.”

Don't always drop everything as soon as your child asks for something

Scan the QR code to read the full article





Baby Wipe Drive Thank you!!



We want to extend a huge thank you to all of our families who contributed to the LBSA Outreach Baby Wipe Drive for the CCPC Community Care Pantry! So far we have collected over 130 packs of baby wipes for families who are supported by the pantry! Don't forget that the pantry is an ongoing effort to make a difference in our local community. Visit [CCPC.church/community-pantry](https://www.ccpc.church/community-pantry) to learn how you can further support their mission!

Scholastic Season

Book Fair is Coming!!

The fall Scholastic Book Fair will be here September 21-25th. This is a great time to shop as a family to build your home library, or maybe even sneak in some early holiday shopping!! Every Book Fair purchase supports Little Bridges, too!! Scholastic Bucks help our teachers keep their rooms fresh and updated each year!



Spotted

Highlights from September at LB:



Our **TK classes** are off to a great start this new school year. They're adjusting to new schedules, tackling new learning strategies, and have welcomed **Coach Bryan** as their new P.E. instructor!



Tammy Time is back in full swing! Ms. Tammy is the *best* at getting our bodies moving and grooving, and learning all about the Fruits of the Spirit - Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness & Self control.

LBSA Outreach presents the
6th Annual

Courageous Cupcakes BAKE SALE

for **NEGU**
and The
Jessie Rees Foundation

In the Courtyard
FRIDAY, SEPTEMBER 25TH
3:30-5:30pm (while supplies last!)
Cash and Venmo accepted.

CALLING ALL BAKERS!!

Follow this QR code to our Sign Up
Genius to donate baked goods for a
great cause! Details in link!



HOW DOES OUR BAKE SALE BRING JOY??

All proceeds from our Bake Sale go to NEGU to bring
JOY JARS to children living in hospitals fighting cancer
across the country!!

EVERY \$25 RAISED BUYS ANOTHER JOY JAR!!
To learn more about NEGU, visit www.negu.org

Don't forget to stop by the Scholastic Book Fair that
week, **September 21-25th** in the church lobby!
Every purchase supports Little Bridges!



NEGU Bake Sale

Friday, September 25; 3:30-5:30pm

In support of Pediatric Cancer Awareness Month, LBSA Outreach is partnering with The Jessie Rees Foundation and **Never Ever Give Up** in their mission to spread JOY to children battling cancer. Join us on #TeamNEGU and mark your calendar for our upcoming Bake Sale!!

Every \$25 raised sends a Joy Jar to a child!

Are you a baker? Scan the QR code to sign up to
bake a sweet treat to sell!



Canyon Creek Corner

What's coming up at Canyon Creek?

- Sunday Services (8:30AM & 10AM)
- MomCo (every 1st & 3rd Thursday)
- Refuge (Mon.)/Stronghold (Wed.)
- CCKids Wild Nights for 4th and 5th Graders (First Friday of the Month)
- Mission of the Month
 - Shepherd's Gate
- Community Care Pantry
 - First Monday of the Month



Raising Patient Kids in the Age of Instant Everything

One of my favorite scenes in the classic movie *Willy Wonka & the Chocolate Factory* is when spoiled and impatient Veruca Salt screams "I want it now!" just before falling into the "bad egg" pit. Her daddy is beside himself as Willy sends him off with the Oompa Loompas to rescue her. I am not so sure that dad and daughter get the moral of the story, but the idea is that our children watching should.

Most children do "want it now" – but the fact that children often "get it now" makes teaching patience difficult, especially in this instant world we live in.

Patience is a virtue that needs to be instilled in children. It teaches children the value of delaying gratification, and can help develop the ability to think through and resolve problems; it can counteract impulsivity and even acting out. The value of patience lies in its ability to lead to inner calm and emotional strength of character.

I worry that these critical "civilizing" skills are being lost in the fast-paced, point-and-click world where technology reigns. Toddlers learn how to work i-pads and TV remotes before they know their ABCs and grade-schoolers chat and play games with friends online. There's instant oatmeal (remember boiling water on the stove), instant pictures (remember having film developed), instant phone (remember waiting for your sister to get off and busy signals), instant cartoons (remember Saturday mornings). Well, ok, maybe I am showing my age. But everywhere children turn, they have so much power in their grip.

Impatient children can be short-tempered, ill-mannered, bossy, angry and upset which often leads to meltdowns. When children haven't been taught or given the opportunity to wait, they have a harder time empathizing with others and even coping when life becomes challenging.

Here are a few ways to encourage patience:

Make Your Kids Wait Don't always drop everything as soon as your child asks for something. Allow your child to feel the unpleasantness of waiting because it's a great change agent. By not giving them their snack immediately, for example, you'll help your child get practice in managing impatience.

Tell Your Child What They're Feeling Young children aren't able to express their frustration at having to wait for things, but you can help by labeling their emotions and offering praise when they demonstrate patience. If your preschooler has to wait his turn, you might say: "I know it's tough to just stand here. But you're doing a terrific job. You're being patient, and that's great!" When you validate your child's struggle with something, it's more likely he'll try harder.

Engage Your Child in Activities that Promote Patience. Encourage your child to do things that don't offer immediate results, like block building and puzzle solving, or board games where everyone needs to wait for their turn. Even coloring with crayons instead of markers or a doodle board takes more effort. I am not a big fan of all the high-tech gadgets that offer instant press-of-a-button results. So much more learning happens when kids work through tasks that take thought and critical thinking.

Be a Role Model You can't explain patience to a toddler, but you can show her how you practice it. How do you handle yourself when you get behind the slow person at the grocery store? Do you show patience when your scheduled day is disrupted? How do you respond to your child when she has called your name for the 500th time in an hour?

Pray with Your Kids

God is not on our timetable, and prayers are answered in God's perfect time with his perfect answer. Our life with Christ is to be lived with patience and understanding that God is above our restrictions of time. Teach your kids humility that will combat selfishness and impatience through prayer and life experiences.

Celebrate the Patience in Nature Watch the sun come up or set. Lie down at dusk so you can look up and watch the stars pop out. Plant a seed and watch it grow. Sit quietly in the woods and wait for a deer to come by. Or wait for a fish to bite at your favorite fishing hole. The beauty of nature doesn't happen instantly.

Children today live in a sound bite, instant gratification world but the wise parent counters this with many little, age-appropriate patience lessons.